

Case Conceptualization

Counselor-in-training: _____

Client Initials: _____

Session # _____

Session Date: _____

Client's presenting problem:

Session Goals:

What were your feelings regarding the client?

What theoretical approach did you use?

What techniques did you use?

What were your strengths?

Describe your areas of need.

Plans for next session:

Case Conceptualization of Classroom Counseling Experience
COUNSED 795

PART I: Pre-Lesson Reflection

The Lesson

- Give a description of the lesson that you are providing and the background in how the lesson was created/prepared.
- To which part of your curriculum does this lesson relate (e.g., is it part of a larger unit or school program)? How does this lesson fit within the mission/vision of the school and/or school counseling program?

Information on the class

- What is the make-up of the participants of the class? Briefly describe the students in this class, including those with special needs/cultural backgrounds/etc..

Observed class

- What are your learning outcomes for this lesson? What do you want the students to understand? What standards are you focusing on?
- How will you engage the students in the learning? What will you do? What will the students do? Will the students work in groups, or individually, or as a large group? Provide any worksheets of other materials the students will be using.
- How will you differentiate instruction for different individuals or groups of students in the class?
- How and when will you know whether the students have learned what you intend? What data are you using to measure outcomes?

Feedback from observer(s)

- List 2-3 specific things that you would like to the observer(s) to provide feedback on.

PART II: Post-Lesson reflection.

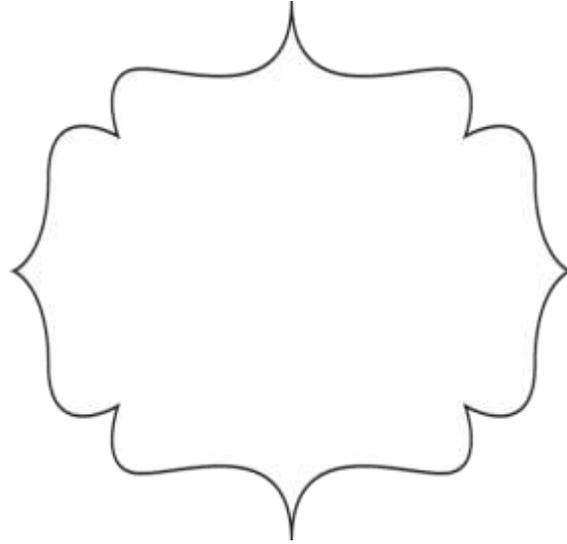
- In general, how successful was the lesson? Did the students learn what you intended for them to learn? How do you know?
- If you were able to bring samples of student work, what do those samples reveal about those students' levels of engagement and understanding?
- Comment on your classroom procedures, student conduct, and your use of physical space. To what extent did these contribute to student learning?
- Did you depart from your plan? If so, how and why?
- Comment on different aspects of your instructional delivery (e.g. activities, grouping of students, materials and resources.) To what extent were they effective?
- If you had a chance to teach this lesson again to the same group of students, what would you do differently?
- How did your philosophy as a school counselor guide your work with this lesson? How does this group fit within your overall idea of a comprehensive school counseling program?

Supervisee Name: _____ Supervisor Name: _____ Date: _____

Topics/Questions for Today:



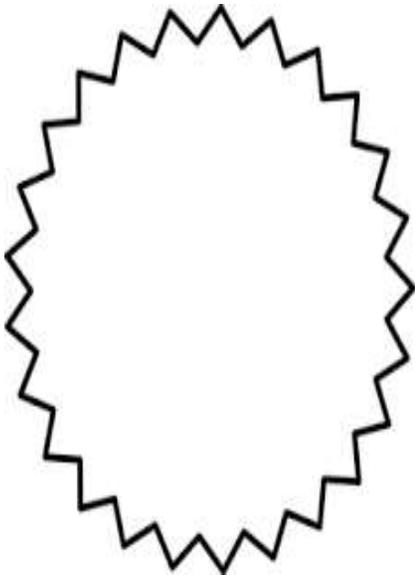
Strengths:



Concerns:



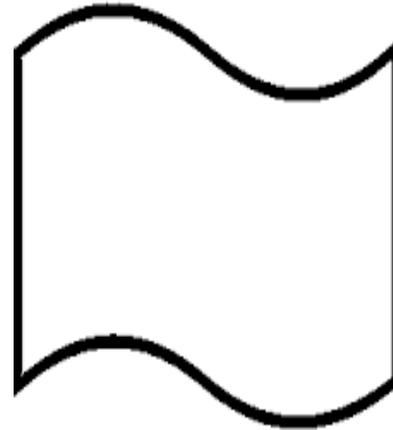
Goals:



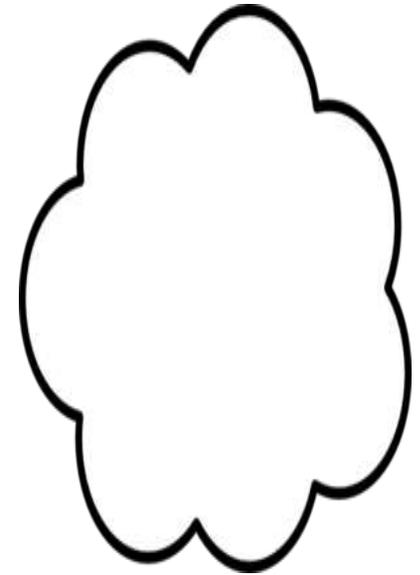
Ethical Issues and Diversity Considerations:



Supervisor would like to mention:



Supervisee would like to mention:



Direct hours to date: _____ Total hours to date: _____ Next meeting day and time: _____

Written Techniques of Supervision

(Adapted from Goodyear & Nelson, 1997. p.333)

1. What were you most aware of in this session?
2. What thoughts or feelings did you have as you worked with this person?
3. What do you believe is going on here?
4. What do you think the client wanted or needed from you during this session?
5. What do you need from me now as your supervisor?

Scaling Your Progress as an Interviewer

Purpose: To reflect on how far you have come and what are the next steps.

1. What number are you at right now?
2. What are you doing in your interviews that tell you that you are at a (number you gave)?
3. What else tells you are at a _____ ?
4. Suppose you were one number higher, what would you be doing differently?
7. What will it take for you to move up one number? What else?